

## LAMENTATIONS 3: 17-26

A reading from the book of Lamentations:

My soul is deprived peace. I have forgotten what happiness is.

I tell myself my future is lost, all that I hoped for from the Lord. The thought of my homeless poverty is wormwood and gall.

Remembering it over and over leaves my soul downcast within me.

But I will call this to mind, as my reason to have hope: The favors of the Lord are not exhausted. His mercies are not spent.

They are renewed each morning, so great is his faithfulness. "My portion is the Lord," says my soul.

Therefore will I hope in him.

Good is the Lord to one who waits for him, to the soul that seeks him;

It is good to hope in silence for the saving help of the Lord.

The word of the Lord.